

NEWSLETTER



Welcome to Our First Patient Newsletter!

We are excited to introduce our new quarterly newsletter to keep you informed about practice updates, health campaigns and wellbeing tips. We'd love to hear your feedback on this newsletter! Let us know what topics you'd like covered in future editions.

Change NHS: a health service fit for the future

In October, the government launched the biggest national conversation about the future of the NHS, inviting the public to share their experiences, views and ideas on the NHS via the change.nhs.uk portal to shape the 10 Year Health Plan.



Patients are encouraged to share their own experiences, helping prioritise key challenges facing health and care, or suggest an idea for improving the NHS - please visit change.nhs.uk



Patient Participation Group (PPG)

We are currently looking to widen the representation of our PPG to include younger patients or families. A PPG is a group of patients, carers and GP practice representatives who meet to discuss practice issues and experiences to help improve the service. To register for our PPG please use the link on our website or email us on lscicb-gp.stfillansppg@nhs.net

Practice Updates

Staffing Update

We are pleased to welcome Dr Curtis Mitchell, who has recently joined the practice as a GP registrar.

Practice Training

The practice will be closed from 1pm for staff training on the following dates:

- Tues 15th April
- Tues 13th May
- Tues 17th June

Did You Know?

You can access **free NHS Health Checks** if you are aged 40-74 and you do not have any pre-existing conditions. For more information see: www.nhs.uk/conditions/nhs-health-check/