

NEWSLETTER

Goodbye to Karen

After many years of dedicated service our Practice Manager, Karen, has moved onto pastures new! Karen has been a much-loved and valued member of the St Fillans team for many years and will be greatly missed. Thank you Karen for everything you've done for the practice and community!



Welcome to Autumn

As the seasons change and we move into Autumn, we're pleased to share the latest updates from our practice. In this issue, you'll find health information, news about services and tips to stay well as the colder months approach. Thank you, as always, for being part of our practice community!

Flu & COVID-19 Vaccination Clinics – Book Now!

As we move into the colder months, both flu and COVID-19 are more likely to spread, and vaccination remains the most effective way to protect yourself and others. The practice will again be offering flu vaccines and COVID-19 boosters to eligible patients. Clinics are now available to book throughout October. You may be eligible for an NHS flu jab if you are:

- aged 65 years and over
- aged 18-64 and have a long-term health condition
- pregnant
- a carer

COVID-19 boosters will be offered at flu appointments, if you are eligible.



Practice Updates



GP Charity Band Night – Supporting Breast Cancer Now

We are excited that our very own GP partners Dr Flowers, Dr Gorajala and Dr Bennett, along with our Nurse Hannah are swapping their stethoscopes for guitars, keyboards and microphones! They'll be coming together to form a band for a special Charity Band Night in aid of **Breast Cancer Now** to perform for one night only on **26th Sept**

We are pleased to say that tickets for the events are now **SOLD OUT!**

Key dates

Next PPG meetings – 16th Sept (online), 28th October (face-to-face)

The practice will be closed for training on the following dates:

- Tues 16th Sept
- Tues 28th October
- Tues 18th November

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