



NEWSLETTER

St. Fillans
Medical Centre

As the year draws to a close we'd like to wish all our patients and community a very **Merry Christmas** and a happy and healthy festive season. We're delighted to share a few seasonal updates from our team!



Tirzepatide (Mounjaro) Update

Lancashire & South Cumbria Integrated Care Board (ICB) has now approved its policy regarding the prescription of Mounjaro

Eligibility:

- lives in an area identified as one of the most deprived based on the Government's IMD-1 index
- BMI of 40kg/m² or more
- Has at least 4 long-term conditions (non-diabetic hyperglycaemia, dyslipidaemia, CVD, obstructive sleep apnoea)

Patients who fulfil the criteria will be pro-actively contacted by the practice. We kindly ask that you **DO NOT** contact the practice, as we are being overwhelmed with queries.

Practice Charity Band Night raises over £3,000 for Breast Cancer Now

We are delighted to share that our GP Partners - Dr Flowers, Dr Gorajala & Dr Bennett, along with our talented Nurse Associate Hannah, joined forces with friends to form a charity band in support of **Breast Cancer Now**.

The night was organised by our Nursing Team Lorna, Debbie, Vicky and Hannah and was a sell-out success. A huge thank you to everyone who donated prizes, attended or supported. We're incredibly proud of our whole team for bringing music, community spirit and generosity together for such an important cause!



Retirement News

After 19 years with the practice, Helen, our Medicines Co-ordinator is retiring. We would like to thank her for her long service and contribution to the team over the years. We wish Helen all the very best for a happy, healthy and fulfilling retirement and hope she enjoys the new experiences ahead!

Key Dates

The practice will be closed for training from 1pm on the following dates:

- 10th February
- 10th March
- 14th April

Our next PPG meeting is on 10th Feb 2026